

Sunrise Rotary Makes Over the Arboretum Nature Center

The Nature Center at Fullerton Arboretum offers an educational experience for children and also serves as a visitor information center. The building, which had not been remodeled in thirty years, recently received a facelift from the Fullerton Sunrise Rotary Club.

The Rotarians spent two weekends dismantling, stripping, sanding, and painting, and installing new fixtures and display cases. The beautiful murals were painted by Arboretum artist Salim.

The Fullerton Arboretum Nature Center sits near the end of the main entrance walkway into the Arboretum. Children can find a place to sit and relax, while coloring, playing with puzzles, reading or looking at interesting things collected from the grounds of the Arboretum.

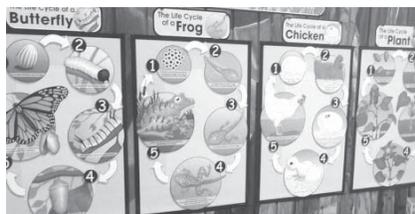
Visit the Nature Center the next time you come to the Arboretum located at 1900 Associated Road, off Yorba Linda Blvd. The center is open weekends 11am to 3pm and is staffed by energetic and informative volunteers.

Call the Arboretum at 657-278-3407 and for more information and for more photos on the remodeling go to <http://fullertonarboretumblog.com/nature-center-new-and-improved/>

For more information about the Fullerton Sunrise Rotary Club, please visit: www.fullertonsunriserotary.org or contact Bruce Powell at ebpowell@earthlink.net.



Fullerton Sunrise Rotary Club members Champika Ranasinghe and Steve Eldredge paint the ceiling. Ten Sunrise Rotary volunteers helped put a bright new face on the Arboretum Nature Center.



At Left and Below: There are all kinds of interesting interactive displays at the center.



At Left: The spruced up interior with new fixtures & display cases.

Meals on Wheels Celebrates 40th Anniversary

by Sandra White

To celebrate 40 years in Fullerton, Meals on Wheels of Fullerton will be sponsoring an Empty Bowls event on Saturday, February 22, 2014 at St. Paul Lutheran church, 111 W. Las Palmas Drive, Fullerton from 11am. to 1pm. Empty Bowls is an international grass roots effort to fight hunger. Craftspeople and potters in the community create handcrafted bowls. For a \$25 donation, guests will purchase a bowl of their choice and receive soup, bread and water. Guests will take away a beautiful handcrafted bowl—a reminder that they have helped

In 2012-13, 290 volunteers delivered 36,856 meals.

the homebound in our community. The public is invited and no reservations are needed.

Meals on Wheels came to life in Fullerton in 1973 as volunteers became interested in starting a meal delivery program to elderly shut-ins and the convalescing in town. Board members came from the community organizations that helped support the program's beginning including the National Charity League which pledged financial support and volunteers, the Red Cross, and the Ebell Club. On February 25, 1974, the program began with 13 clients and 128 volunteers.

In 1991 Meals on Wheels of Fullerton incorporated as an independent non-profit organization. The mission of Meals on Wheels is to assist Fullerton home-bound individuals to maintain independence in their own home by providing home-delivered, nutritious meals and socialization. There are no age limits. Volunteers deliver two meals each day Mon. through Fri. on 7 routes to a total of 84-90 clients. Meals are prepared at St. Jude Medical Center, Morningside and by Community SeniorServ, a federal meal program for low income seniors. Three food sources allow clients to receive special diets such as cardiac, renal and diabetic. Financial support comes from individuals, businesses, Rotary, foundations and churches. We apply for Community Development Block Grant funding each year from the City of Fullerton to assist our low income seniors.

Daily operations are supervised by Volunteer Coordinator Ellie Bohall and Case Manager Nancy Harry. Meals on Wheels of Fullerton is located at 223 W. Amerige Ave. in the Assistance League of Fullerton building, which provides office space and utilities. Call the Meals on Wheels office at 714-871-2200 or email emptybowlsfullerton@gmail.com.

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