Rotary International Rotary District 5400

Rotary Foundation District Grant Final Report

Deadline for submission: May 15th (do not use this form for progress reports*, but follow the instructions at the end of this form) <u>Must</u> be typed and filed electronically on: <u>http://www.matchinggrants.org/district/</u>

Grant Information (to be completed by Project Contact Person)

1. District Grant # Project P-3821 Name of Club: Pocatello Centennial Rotary Club Name of District Grant: Mental Health Challenges

2. Briefly describe your project (who did what, when and where did project activities take place?) in 100 words or less.

The overall project goal was to introduce the Think Get A Grip curriculum to additional audiences to further help them to deal with mental challenges that reduce employee effectiveness such as self-doubt, anxiety, de-motivation, fear of failure and more. Organizations participating in 2021 and 2022 include: Dell Computer; Leadership Pocatello Chubbuck; Church Study Group; Rotary Rotaract Mexico City; L.I.F.E, Inc Conference, Management Workshops, Staff Workshops, Attendant Workshops; Pocatello-Chubbuck School District 25; Bannock County Juvenile Justice; United Way Women United. The curriculum was further introduced through the Rotary Action Group on Mental Health Initiatives (RAGMHI) which promotes mental health and wellness.

3. In one brief sentence: who were the beneficiaries of the grant activities and how many of them were there?

Beneficiaries of the project included employers, employees, church and school staffs, students and organization members. Project leaders estimate that 300 people were touched by project activities. Commercial, web and social media were used to share project information.

4. How many Rotarians participated in the project? Briefly tell what did.

About 50 Rotarians from Pocatello Centennial Rotary Club, Mexico City Rotaract, and members of the Rotary Action Group on Mental Health Initiatives learned about the program and received instructional materials to use and to share.

- If a cooperating organization(s) other than the beneficiary was involved, what was its role? N/A
- 6. FINANCIAL SUMMARY (add rows as needed)

| List all sources of revenue, including in-kind donations | |
|--|------------|
| District Grant Funds | \$1,282.00 |
| Primary Club contribution | \$643.00 |
| Donation by President Heather Murray | \$12.01 |
| | |
| | |

| TOTAL (unlikely to | match exactly your grant application) | 1,937.01 |
|--------------------|---------------------------------------|----------|
|--------------------|---------------------------------------|----------|

| List all expenditures, including donated materials and supplies | |
|---|------------|
| Book Orders – 3 receipts | \$1.577.03 |
| Course supplies – 8 receipts | \$314.32 |
| Hospitality – 1 receipt | \$45.66 |
| TOTAL (must match exactly the revenue amount above and correspond | \$1,937.01 |
| to the receipts you have uploaded) | |

Check the following:

 \underline{X} I have uploaded receipts for goods purchased equally what is itemized in the expenditures above.

X I have uploaded a copy of the club QuickBooks grant account data in lieu of check(s) to a third party Heather Murray if the uploaded receipts and/or invoices are in its name. X I will upload this report when I have completed it.

My hand-written or digital signature below certifies that the project was implemented as proposed in my application for a grant. It attests that all funds were spent in compliance with the guidelines of the Terms and Conditions for Rotary Foundation grants. Name of project contact person (typed): Laurence Gebhardt Date: 14 May 2022

Signature: Damance & bethand A.D.

*Progress reports are to be entered in the history log. Be brief and answer only the following questions in this order: 1. Has the project started? If so, when? And if not, when do you anticipate it to start? 2. If it has started, what is the % of completion? 3. Do you anticipate a reduction in the overall budget in excess of 20%? If yes, please explain why. 4. When do you expect the project to be finished?