

District Grant Report

Rotary Club:	Newport Beach Sunrise
Project Title:	RotarySafe Bike Safety Clinics / Rotary Bike Rodeo
Progress Report	X Final Report

1. Briefly describe the project. What was done, when and where did project activities take place, and who were the beneficiaries

This project expanded on our Youth Bicycle Safety / Helmet Safety programs. Our events traditionally include helmet safety and demonstrations, and then helmet fitting. With this grant, we added the following stations:

- 1) Bike inspection/repair station with 2 bike stands, tools, air pump and spare tubes, completing ABC checks (Air, Brakes, Chains) on each attendee's bicycle and making minor adjustments when needed.
- 2) Visibility enhancement station where we applied highly reflective stickers and tape to bikes and helmets.
- 3) Traffic Safety Course built out with real street signs, hand-made bases made from mostly discarded wood and iron pipe/flanges, traffic cones and road chalk where attendees could practice what they learned during Road Safety instruction on our closed off course with realistic road conditions.
- 4) Obstacle / Skills Course Utilizing small traffic cones and agility cones, we created simple and advanced skills courses, setting them up on grass fields, giving attendees an opportunity to test their riding skills while led by a volunteer.

2. How many Rotarians participated in the project?

We had at least 18 different members from three clubs participate in events: Newport Sunrise, Newport Irvine, and OC Digital.

3. What did they do? Please give at least two examples.

Members set up and manned each of the stations: 1) Registration where each attendee received a Bike Rodeo Passport to complete and have stamped at each station, for a chance to win a new Bike and other prizes, 2) Helmet Education and demo where we teach why it is important to wear a helmet, what they are protecting, and how a helmet absorbs energy. 3) Helmet fitting – measure the participants head, find a helmet which matches both the size and shape of the head, then fit the helmet to the 2-2-2 method. 4) Bike Inspection – check and fill the tires with air, replace tubes if needed, check and adjust the brakes, check and oil the chain. Adjust seat and handlebars if needed. 5) Visibility Enhancement – clean the bike and then apply reflective stickers for enhanced visibility at night. 6) Traffic Safety Course – set up the course, work with Costa Mesa Police Officers to instruct attendees on rules of the road, road signs and areas for caution, then practice on the course with the officers. 7) Set up and lead attendees on a variety of obstacle/skills course set up on the grass fields. At the end of the event, take down the pop ups, course materials, station materials, etc., take back to the storage unit and repack.

In addition to the above, the construction of the road signs and their stands was a major undertaking by itself. This included procuring, cutting, sanding, priming, painting and assembling the wood/iron stands, mounting signs to wood poles, and designing it all so it can be broken down and stored.

4. How many non-Rotarians benefited from this project?

Between events at SOY (Save our Youth), VOLCOM, and the Newport-Mesa YMCA, we have easily given away and fitted over 200 youth with new helmets. At least 100 youth have participated in the complete Bike Rodeo format with all stations. We have an event this weekend and another on the 28th. The materials will last us for years, therefore 1000's of kids will benefit from this project.

5. What are the expected long-term community impacts of the project?

Children will be better prepared to ride safety, obey traffic laws and to wear a helmet. Their bikes will be more visible at light, better maintained, and registered with the Police Dept in case of theft.

6. If a cooperating organization was involved, what was its role?

Clinic in the Park, part of the American Academy of Pediatrics Orange County, donated 150 helmets to our inventory and have committed 300 more. We work with them on several events, including one at the YMCA Newport-Mesa on April 30th. The City of Costa Mesa helped support the event at SOY in October, and we are beginning to work with Walk n Rollers, the City of Costa Mesa and the Bikeway and Walkability Committee to assist and plan events throughout the summer. The Costa Mesa Police Department has provided officers to help with the Traffic Safety Training, and another group to register bicycles.

7. Income	Amount	
1. District Grant funds approved by the District		\$ 1,328.00
2. Club contribution (budget)		\$ 1,422.00
3. Other funding (specify) – Additional Club contribution		\$ 341.40
	Total Project Income	\$ 3,091.40

8. Expenditures - please be specific and add lines as needed - receipts must be attached

1. see documentation		
2.		
3.		
4.		
5.		
6.		
	Total Project Expenditures	\$ 3,091.40

9. By signing this report, I confirm that to the best of my knowledge these District Grant funds were spent only for eligible items in accordance with Trustee-approved guidelines, and that all of the information contained herein is true and accurate. Receipts for all grant-funded expenditures have been provided to the district. I also understand that all photographs submitted in connection with this report will become the property of RI and will not be returned. I warrant that I own all rights in the photographs, including copyright, and hereby grant RI and TRF a royalty free irrevocable license to use the photographs now or at any time in the future, throughout the world in any manner it so chooses and in any medium now known or later developed. This includes the right to modify the photograph(s) as necessary in RI's sole discretion. This also includes, without limitation, use on or in the web sites, magazines, brochures, pamphlets, exhibitions and any other promotional materials of RI and TRF.

Certifying Signature

Ross Minion

Date: 05/09/2022

Print name, Rotary title, and club

Ross Minion, President, Newport Beach Sunrise Rotary